Become a Level 2 Stop Smoking Advisor

For those wanting to be trained as Stop Smoking Advisors

Learning outcomes of training course founded upon evidence-based behaviour change techniques:

* Effectively deliver safe, evidence-based stop smoking treatment sessions using behaviour change techniques,
* Advise on nicotine replacement therapy,
* Record and report on quit outcomes
* Support people in maintaining the quit status
* Smoking and young people
* Smoking in pregnancy
* Evidence on safety of E-cigarettes/vapes

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| **L2 Smoking Cessation training sessions** |
| **18th October 10am - 12pm** |
| **8th November 10am – 12pm** |
| **18th December 10am-12pm** |

**Or are you already a stop smoking advisor who would like an update on current service delivery?**

The following dates are available:

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| 11th October 10am - 12pm |
| 15th November 10am - 12pm |
| 11th December 9:30-11:30am |

Training is currently provided via Microsoft Teams. Attendees will need access to a computer with audio and a microphone.

To book a place please email provide.essexwellbeingprimarycare@nhs.net supplying the following: -

* Name
* Email address
* Telephone number
* Place of work
* Preferred training date

We will reply with a calendar invite for the session. We will include a link to the NCSCT online training which must be completed before attending your training with us.

On the day of training, open the calendar entry and click **‘join Microsoft team meeting’**.